/257 cont./ Much is eaten, but The People do not become fat. While eating, they squat around the pot and spoon out their mush. I could not see that they ate turned away from one another, as Ehrenreich and Königswald state, but the women are usually ashamed to eat in the presence of strangers; and the Indians whom I had with me as companions did not eat my cooking when they came to a strange village

Ill. 100.
Flat ax.

Ill. 101.
Short flat-ax.

Ill. 102.
Stone ax with shaft groove.

with me, but went hungry the whole time, if in the village they did not have relatives who gave them something to eat. And they did not work during the stay in the village. They were ashamed, as they expressed it.

E. Beverages.

In drinking, the Indian is, understandably, very moderate; water serves as the ordinary beverage. Yet they also know how to prepare other drinks, which, however, are usually not intoxicating.

Buriti fruits (ãdehõ) are pounded and mixed with water; the liquid is allowed to settle, the clear liquid is ladled into a tall pot, boiled, allowed to cool, and then drunk. The liquid is said to be dark red and very sweet, but not intoxicating. On festive days large quantities of it are said to be consumed.

Pikí fruits are boiled, crushed, and, stirred with water, put into a pot. The liquid is left standing overnight and is drunk cold the next morning. The pits are dried and eaten later.